USA TRACK & FIELD NEW JERSEY

North Jersey

New Jersey
Grand Prix Event
500 Points

FORCE TIGER TRACKS 5K
RACE FOR EDUCATION

Focusing Our Resources for Children's Enrichment. This fundraiser benefits Long Hill Township Schools through enrichment grants, books, technology/training for teachers, after school programs in the arts, math, science and other activities.

MAIL-IN REGISTRATION FORM

3rd Annual F.O.R.C.E. Tiger Tracks 5K Race For Education
When: **October 1, 2011 8:30am, check-in time 7:30am**
Where: **Central School – 90 Central Ave. Stirling NJ 07980**
View Race Course at: **www.longhillforce.org/5krace/map.html**

Pre-registration starts now! Last day to pre-register is September 24 - $20 Pre-registration
Only pre-registration entries get FREE T-shirt. Race day registration is $25. Timing by Best Racing Systems.

Checks Payable To: **FORCE**
Mail Entry To: **P.O. Box 254 Gillette, NJ 07933**

First Name:_____ Last Name:_____

Address: _____ City: _____ State: _____ Zip:_____

Daytime Phone:_____ Date of Birth:_____ Age on race date:_____

Gender: Male ☐ Female ☐
USATF Number:_____ ($2.00 discount for USATF runners)

T-Shirt Size (please circle): Adult S M L XL Child L

Email Address:_____

NEW THIS YEAR

Run with your family or friends as a TEAM! Select **ONE** of the categories listed below:

Team Category: ☐ Team Name_____ (minimum of 5 runners needed to form a team)

Family Category : ☐ Mother/Daughter ☐ Mother/Son ☐ Father/Daughter ☐ Father/Son

Please give runner names_____

"Awards will be given Male/Female in five year increments from 10 and under to 70 and over."

Waiver Must Be Read and Signed Before Mailing:

I know that running is a potentially hazardous activity. I should not enter or run this event unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this race including, but not limited to, falls, contact with other participants, the effects of weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application, I, for myself and anyone entitled to act on my behalf, waive and release FORCE Tiger Tracks 5K, BEST Racing Systems and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. All fees are nonrefundable.

Signature _____ Date_____